BLOOD DONATION STUDY

QUESTIONNAIRE

Research Group on Behaviour in the Field of Health
1. You may feel that a few questions are repetitive. However, it is very important to answer all of the questions.

2. To answer the questions, you must write a ✓ in the space best reflecting your opinion or situation.

   Example

   In January, the temperature is very cold in Quebec.

   | Strongly disagree | Somewhat disagree | Neither disagree nor agree | Somewhat agree | Strongly agree |

3. Take the time to read attentively each question or statement and give the answer best reflecting what you currently think.

4. Note that there are no right or wrong answers.

5. Your answers will remain confidential.
1. In your circle of friends, colleagues, family and neighbours, do you know anyone who has ever needed a blood transfusion?
   □ Yes
   □ No

2. During the last three months, do you know if there has been a blood donation drive near your residence, at your workplace, or in a place which you go to regularly?
   □ Yes
   □ No
   □ I don’t know

3. Compared to other people of your age, would you say that, in general, your health is...
   □ Excellent
   □ Very good
   □ Good
   □ Average
   □ Bad

4. Do you know one or more reasons used by Héma-Québec for refusing a blood donor?
   □ Yes ⇐ continue on to question 5
   □ No ⇐ continue on to question 6

5. During the next six months, will any of these reasons apply to your situation?
   □ Yes ⇐ ⇐ continue on to question 50
   □ No ⇐ ⇐ continue on to question 6
   □ I don’t know ⇐ continue on to question 6
6. I intend to give blood during the next six months.

<table>
<thead>
<tr>
<th>Very unlikely</th>
<th>Somewhat unlikely</th>
<th>Neither unlikely nor likely</th>
<th>Somewhat likely</th>
<th>Very likely</th>
</tr>
</thead>
</table>

7. For me, giving blood during the next six months would be ...
   [check the appropriate box for each of the following six statements (a to f)]
   a) | Very unrewarding | Somewhat unrewarding | Neither unrewarding nor rewarding | Somewhat rewarding | Very rewarding |
   b) | Very bad | Somewhat bad | Neither bad nor good | Somewhat good | Very good |
   c) | Very stressful | Somewhat stressful | Neither stressful nor relaxing | Somewhat relaxing | Very relaxing |
   d) | Very unpleasant | Somewhat unpleasant | Neither unpleasant nor pleasant | Somewhat pleasant | Very pleasant |
   e) | Very tiring | Somewhat tiring | Neither tiring nor revitalizing | Somewhat revitalizing | Very revitalizing |
   f) | Very unsatisfying | Somewhat unsatisfying | Neither unsatisfying nor satisfying | Somewhat satisfying | Very satisfying |

8. Most people who are important to me would recommend I give blood during the next six months.

   | Strongly disagree | Somewhat disagree | Neither disagree nor agree | Somewhat agree | Strongly agree |

9. If I were to give blood during the next six months, my doctor would...

   | Strongly disapprove | Somewhat disapprove | Neither disapprove nor approve | Somewhat approve | Strongly approve |
10. It is in accordance with my principles to give blood during the next six months.

| Strongly disagree | Somewhat disagree | Neither disagree nor agree | Somewhat agree | Strongly agree |

11. I feel capable of giving blood during the next six months.

| Strongly disagree | Somewhat disagree | Neither disagree nor agree | Somewhat agree | Strongly agree |

12. If donating blood took less time, I would give blood during the next six months.

| Very unlikely | Somewhat unlikely | Neither unlikely nor likely | Somewhat likely | Very likely |

13. I think that it is all right for a person of my age to give blood during the next six months.

| Strongly disagree | Somewhat disagree | Neither disagree nor agree | Somewhat agree | Strongly agree |

14. I would be capable of giving blood during the next six months, even if blood donations took place in a place which lacked intimacy.

| Very unlikely | Somewhat unlikely | Neither unlikely nor likely | Somewhat likely | Very likely |

15. If during the next six months, I did NOT give blood, I would regret it.

| Very unlikely | Somewhat unlikely | Neither unlikely nor likely | Somewhat likely | Very likely |

16. For me, giving blood during the next six months would be...

| Very difficult | Somewhat difficult | Neither difficult nor easy | Somewhat easy | Very easy |
17. If I were to give blood during the next six months, this ...  
[check the appropriate box for each of the following six statements (a to f)]

a) would help save someone's life.

[ ] Very unlikely
[ ] Somewhat unlikely
[ ] Neither unlikely nor likely
[ ] Somewhat likely
[ ] Very likely

b) would expose me to catching a disease.

[ ] Very unlikely
[ ] Somewhat unlikely
[ ] Neither unlikely nor likely
[ ] Somewhat likely
[ ] Very likely

c) would help avoid blood shortages.

[ ] Very unlikely
[ ] Somewhat unlikely
[ ] Neither unlikely nor likely
[ ] Somewhat likely
[ ] Very likely

d) would allow me to renew my blood.

[ ] Very unlikely
[ ] Somewhat unlikely
[ ] Neither unlikely nor likely
[ ] Somewhat likely
[ ] Very likely

e) could cause me health problems.

[ ] Very unlikely
[ ] Somewhat unlikely
[ ] Neither unlikely nor likely
[ ] Somewhat likely
[ ] Very likely

f) would be a gesture of generosity towards those in need.

[ ] Very unlikely
[ ] Somewhat unlikely
[ ] Neither unlikely nor likely
[ ] Somewhat likely
[ ] Very likely

18. The people who are most important to me think I should give blood during the next six months.

[ ] Strongly disagree
[ ] Somewhat disagree
[ ] Neither disagree nor agree
[ ] Somewhat agree
[ ] Strongly agree
Blood donation study

19. If I were to give blood during the next six months, I would be satisfied.

| Very unlikely | Somewhat unlikely | Neither unlikely nor likely | Somewhat likely | Very likely |

20. Giving blood during the next six months would be acting according to my moral values.

| Strongly disagree | Somewhat disagree | Neither disagree nor agree | Somewhat agree | Strongly agree |

21. If my health permitted, I would give blood during the next six months.

| Very unlikely | Somewhat unlikely | Neither unlikely nor likely | Somewhat likely | Very likely |

22. If I were to give blood during the next six months, members of my family would...

| Strongly disapprove | Somewhat disapprove | Neither disapprove nor approve | Somewhat approve | Strongly approve |

23. I will give blood during the next six months.

| Very unlikely | Somewhat unlikely | Neither unlikely nor likely | Somewhat likely | Very likely |

24. If during the next six months, I did NOT give blood, it would bother me.

| Very unlikely | Somewhat unlikely | Neither unlikely nor likely | Somewhat likely | Very likely |

25. If I were given a reward (for ex.: money, cinema tickets, restaurant coupons, etc.), I would give blood during the next six months.

| Very unlikely | Somewhat unlikely | Neither unlikely nor likely | Somewhat likely | Very likely |
26. A lot of the people I know give blood.

| Strongly disagree | Somewhat disagree | Neither disagree nor agree | Somewhat agree | Strongly agree |

27. I think that it is all right for a person of my sex to give blood during the next six months.

| Strongly disagree | Somewhat disagree | Neither disagree nor agree | Somewhat agree | Strongly agree |

28. Blood donating is something I rarely even think about.

| Strongly disagree | Somewhat disagree | Neither disagree nor agree | Somewhat agree | Strongly agree |

29. I would feel a loss if I were forced to give up donating blood.

| Strongly disagree | Somewhat disagree | Neither disagree nor agree | Somewhat agree | Strongly agree |

30. I really do not have any clear feelings about blood donating.

| Strongly disagree | Somewhat disagree | Neither disagree nor agree | Somewhat agree | Strongly agree |

31. For me, being a blood donor means more than just donating blood.

| Strongly disagree | Somewhat disagree | Neither disagree nor agree | Somewhat agree | Strongly agree |

32. Blood donating is an important part of who I am.

| Strongly disagree | Somewhat disagree | Neither disagree nor agree | Somewhat agree | Strongly agree |
33. I would be capable of giving blood during the next six months, even if I thought I would lose consciousness (faint) during blood donation.

<table>
<thead>
<tr>
<th>Very unlikely</th>
<th>Somewhat unlikely</th>
<th>Neither unlikely nor likely</th>
<th>Somewhat likely</th>
<th>Very likely</th>
</tr>
</thead>
</table>

34. I will try to give blood during the next six months.

<table>
<thead>
<tr>
<th>Very unlikely</th>
<th>Somewhat unlikely</th>
<th>Neither unlikely nor likely</th>
<th>Somewhat likely</th>
<th>Very likely</th>
</tr>
</thead>
</table>

35. If I were to give blood during the next six months, most of the people who are important to me would...

<table>
<thead>
<tr>
<th>Strongly disapprove</th>
<th>Somewhat disapprove</th>
<th>Neither disapprove nor approve</th>
<th>Somewhat approve</th>
<th>Strongly approve</th>
</tr>
</thead>
</table>

36. My personal values encourage me to give blood during the next six months.

<table>
<thead>
<tr>
<th>Strongly disagree</th>
<th>Somewhat disagree</th>
<th>Neither disagree nor agree</th>
<th>Somewhat agree</th>
<th>Strongly agree</th>
</tr>
</thead>
</table>

37. I am confident that I can overcome the obstacles that could prevent me from giving blood during the next six months.

<table>
<thead>
<tr>
<th>Strongly disagree</th>
<th>Somewhat disagree</th>
<th>Neither disagree nor agree</th>
<th>Somewhat agree</th>
<th>Strongly agree</th>
</tr>
</thead>
</table>

38. If I knew how my blood was going to be used, I would give blood during the next six months.

<table>
<thead>
<tr>
<th>Very unlikely</th>
<th>Somewhat unlikely</th>
<th>Neither unlikely nor likely</th>
<th>Somewhat likely</th>
<th>Very likely</th>
</tr>
</thead>
</table>

39. If I were to give blood during the next six months, my friends would...

<table>
<thead>
<tr>
<th>Strongly disapprove</th>
<th>Somewhat disapprove</th>
<th>Neither disapprove nor approve</th>
<th>Somewhat approve</th>
<th>Strongly approve</th>
</tr>
</thead>
</table>

8
40. If during the next six months, I did **NOT** give blood, I would be disappointed.

| Very unlikely | Somewhat unlikely | Neither unlikely nor likely | Somewhat likely | Very likely |

41. I believe it is appropriate for a person in my state of health to give blood during the next six months.

| Strongly disagree | Somewhat disagree | Neither disagree nor agree | Somewhat agree | Strongly agree |

42. If I were to give blood during the next six months, I would be happy.

| Very unlikely | Somewhat unlikely | Neither unlikely nor likely | Somewhat likely | Very likely |

43. If I were informed that blood supplies were low, I would give blood during the next six months.

| Very unlikely | Somewhat unlikely | Neither unlikely nor likely | Somewhat likely | Very likely |

44. I would be capable of giving blood during the next six months, even if blood drives occurred far from my residence or my workplace.

| Very unlikely | Somewhat unlikely | Neither unlikely nor likely | Somewhat likely | Very likely |

45. I would be capable of giving blood during the next six months, even if I were afraid of needles.

| Very unlikely | Somewhat unlikely | Neither unlikely nor likely | Somewhat likely | Very likely |

46. If I were to give blood during the next six months, I would be proud.

| Very unlikely | Somewhat unlikely | Neither unlikely nor likely | Somewhat likely | Very likely |
47. If I were accompanied by a friend, a member of my family or a work colleague, I would give blood during the next six months.

<table>
<thead>
<tr>
<th>Very unlikely</th>
<th>Somewhat unlikely</th>
<th>Neither unlikely nor likely</th>
<th>Somewhat likely</th>
<th>Very likely</th>
</tr>
</thead>
</table>

48. Among the five people you know best, how many of them do you believe give blood?

- □ 0 person
- □ 1 person
- □ 2 people
- □ 3 people
- □ 4 people
- □ 5 people

49. Will you take into consideration the following aspects in your decision to give or not to give blood? [check the appropriate box for each of the following nine statements (a to i)]

<table>
<thead>
<tr>
<th></th>
<th>Very unlikely</th>
<th>Somewhat unlikely</th>
<th>Neither unlikely nor likely</th>
<th>Somewhat likely</th>
<th>Very likely</th>
</tr>
</thead>
<tbody>
<tr>
<td>a)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>i)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
50. How old are you? __________ years old

51. What is your sex?
   □ Female
   □ Male

52. What is the highest level of education you have completed?
   □ Elementary
   □ High School
   □ College (or equivalent)
   □ University

53. What is your current civil status?
   □ Single
   □ Married or Living common law
   □ Divorced, separated or widowed

54. What is your blood group?
   □ A positive      □ AB positive
   □ A negative      □ AB negative
   □ B positive      □ O positive
   □ B negative      □ O negative
   □ I don’t know

55. What are the first three characters of your postal code?_____    _____    _____

56. Have you ever given blood?
   □ No          ⇐ end of the questionnaire
   □ Yes        ⇐ continue on to question 57
57. How many times did you give blood during the last five years?

☐ None ⇐ continue on to question 59
☐ Once
☐ 2 to 4 times
☐ 5 times and more

58. How many times did you give blood during the last year?

☐ None
☐ Once
☐ More than once

59. Do you consider that your last blood donation was an experience that was…

☐ Very unsatisfying
☐ Somewhat unsatisfying
☐ Neither unsatisfying nor satisfying
☐ Somewhat satisfying
☐ Very satisfying

The questionnaire is finished!

Make sure you have answered all of the questions, before putting the questionnaire in the enclosed self-stamped and addressed envelope to:

Doctor Gaston Godin
Faculté des sciences infirmières
Pavillon Paul-Comtois
Université Laval
Québec (Québec)
G1K 7P4

WE THANK YOU FOR YOUR PRECIOUS COLLABORATION
If you have any comments or suggestions concerning this questionnaire or study, you can write them below.

COMMENTS